

MERIDIAN VALLEY ALLERGY PANELS

Meridian Valley (www.meridianvalleylab.com) is the laboratory we use that tests for food allergies through a blood test. If you are considering being tested please read through this instruction sheet so that you are aware of the process.

Blood tests can be done at our office Monday – Thursday. (and not the day before a holiday. Please call our office for an appointment (630-893-9661). Outside labs will probably not do it.

We will bill your insurance for a nurse visit and venipuncture.

Please fill out the top portion of the test order sheet.

Provide your credit card number or include a check for the amount of the test you are having done (**154.85 for 95 foods or 277.40 for 190 foods**). Our office passes this on to Meridian Valley and does not process your payment.

INTERFERING SUBSTANCES: Some medications, including over the counter medications may influence the results of this test. The following are recommendations.

<u>Medication</u>	<u>Recommended time to discontinue use</u>
Acid Reducers/Proton Pump Inhibitors Inhaled asthma meds	1 day
Anti inflammatory/Analgesics Aspirin	5 days 3 days
Antihistamine (incl. eye/nose treatments and over the counter.)	7 days
Prednisone	Do not abruptly discontinue this medication. Check with your doctor.
Immunosuppressants	Check with your doctor
Chemotherapy	This test is not recommended

Complete test results will be mailed to our office in 3-4 weeks. Once all the tests have arrived we will send a copy to you unless you have an appointment scheduled with the doctor at which time we will give you a copy.

INSURANCE BILLING: Meridian Valley will send you a paid invoice. You may use that invoice along with the Diagnosis code and CPT codes listed on the following page to submit on your own to your insurance for reimbursement.